



The Nannies Unlimited Child Center & Preschool Inc.
www.nanniesunlimitedchildcare.com

The Whole Child / Video 4
A Caregiver's Guide to the First
Five Years.

Dealing with Feelings (Guidance)

1- Hour Credit

Name: _____ Date: _____

Child Care Facility: _____

Score: _____

1. Without _____ it is impossible to feel comfortable with someone.

2. What are four ways to develop trust?

1. _____
2. _____
3. _____
4. _____

3. What are three things that happens to a child who doesn't get choices?

1. _____
2. _____
3. _____

4. Children should be allowed to express themselves, but sometimes the answer is just plain, "No!"

True: _____ False: _____

5. How can you help a child deal with their emotions? List three ways

1. _____
2. _____
3. _____