



The Nannies Unlimited Child Center & Preschool Inc.
www.nanniesunlimitedchildcare.com

The Whole Child / Video # 9
A Caregiver's Guide to the First
Five Years.

Building Inner Control (Guidance/DAP)

1- Hour Credit

Name: _____ Date: _____

Child Care Facility: _____

Score: _____

1. One way to count on children to do the right thing is to?

1. _____

2. What are some questions you can ask a child to help build inner control?

1. _____

3. What are some "tricky" things to remember when giving children choices?

1. _____
2. _____

4. In the real world of children and adults, not everything is a choice or negotiable, sometimes we just have to say no to our children and mean it.

True: _____ False: _____

5. Our goals are to _____ and _____ our children. So they feel _____ and _____ not _____ and _____.

6. List **three** things children need for guidance.

1. _____
2. _____
3. _____

7. When giving a child guidance and discipline it helps to be:

1. _____
2. _____
3. _____

8. When you see aggression in a child escalate, what are **two** preventive tips you could use?

1. _____
2. _____

9. When is a good time to intervene when you observe a child's behavior turn negative?

1. _____
2. _____

10. When the aggressive child becomes out of control what are **six** things you as the adult can do?

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

11. What are some potential problems when using time outs? **(List three)**

1. _____
2. _____
3. _____

12. As "teachers" our challenge is to teach children to know and to do what is right.

True: _____ False: _____