

APRIL/MAY/JUNE 2010



Spring is here and we are gearing up for another exciting time with the children during outdoor play. After being cooped up indoors for most of the winter the children are ready to run and play in the sun. To protect the children's skin we ask that each child bring a bottle or tube of sunscreen labeled for identification.

Field trips are scheduled for the summer of 2010 and the forms are out! Each child, from the Ladybug room, Ms Randie (three/four year olds), Firefly room, Ms Shelly (four/five year olds) to the Hornet room, Mr. Nathan (school age children) should have received a letter regarding the field trips, if you did not receive one please come to the office and we will be happy to supply you one. At the bottom of the form is an area for your signature giving permission for your child to attend the field trip. For school age children (already attending elementary

school) detach the upper portion so you may have a schedule of the field trips!

With outdoor play comes falls, bumps, bruises and accidents! There is a natural increase in injuries during this time of the year! Just as a reminder, we complete **incident reports** on all children who have an injury while in the care of The Nannies. If a child has an injury while at the Center, we will notify the parent during naptime unless the injury requires immediate care beyond what the center can provide. If the injury occurs after naptime, staff will notify you close to when the injury occurs. You will receive two written reports, one you will sign and place in the cubby identified as "incident reports" located in the front lobby. The other copy is for your records. We track all incidences and will identify any changes necessary to prevent potential accidents from re-occurring. However, children will run, fall, and Boo Boo's will occur!





## Swimming Season!

Swimming season is almost upon us, now is the time to start gathering your child's swimming supplies! We ask that you bring your child's **swimming suit** to the Center with their names marked clearly in them! Just think of having 25-50 swimming suits unmarked and how frustrated the teachers and children become when they cannot determine which suit belongs to whom. Just remember when purchasing a swimming suit, if you thought it was cute, so did everyone else!

Parents of children in diapers, we ask that you bring a package of "Little Swimmers" again remember to place your child's name on the package of swimmers. If your child does not have the little swimmers they cannot get into the water. This is for the health and safety of each child.

FYI: We add chlorine to all pools daily!

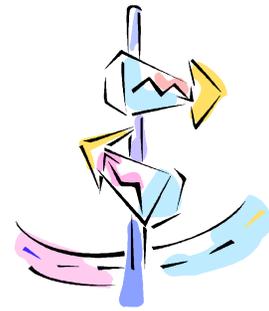


## Preschool Graduation

It has been another exciting preschool year! Just to be a part of your child's growth and development in preparation for kindergarten has been very rewarding. We appreciate the support and trust each parent has given The Nannies, and allowing our teachers the opportunity to work with your child. Thank you!

## THE PRESCHOOL GRADUATION IS SCHEDULED FOR FRIDAY MAY 21, 2010 AT 4:00 PM.

Space is limited in the Firefly room where the ceremony is held, so we ask that you limit your guests to allow parents the first opportunity to see this special event.



### Entrance and Exits!

When entering the parking lot area **PLEASE enter through the east entrance and exit from the west entrance.** This will help keep the flow of traffic in one direction preventing a potential accident from occurring. Also, we ask that everyone please slow down and be aware of others in the parking lot. We want everyone to stay safe. There are times that children get away from their parents and dart in front of other vehicles.



### Building Etiquette

We ask all parents to try and keep their children from running inside the Center. Children have been "run over" when other children are running to enter or leave the facility! Thank you so much!



\*To those parents who have children in the Firefly room and attending kindergarten in the Fall of 2010, rates will be adjusted the first week of school towards the end of August 2010. Tuition for children before **and** after school will be \$75.00/week. Those children's tuition attending before **or** after school will be \$55.00/week. If your child is enrolled in our school program they will be eligible to attend, "no school days" due to any reason. The price for a child to attend an extra no school day will be \$35.00/day. However, their tuition would never exceed \$110.00/week.

\*Children who leave the Center during the day, for any reason are considered gone and **WILL NOT** return. So remember when making doctor appointments etc... that it might be best to make them toward the beginning or end of the day.

\* If your child, for any reason is not attending the Center for the day, please notify the Center prior to 8:00 am so we may adjust our snacks and lunch count. This helps our staffing needs and also keeps your daycare costs down as much as possible.

\* Parents need to notify the Center of any changes in their child's enrollment or emergency information. (for example: changes in address, phone numbers, whether it is home or work).

\*Please **DO NOT** allow your child to sign their own name in the sign in record in our front lobby. These are official documents that need to be kept for review and audited by others.

\* To keep within the rules and regulations set forth by the Department of Human Services we cannot allow parents or children into the kitchen area for health and safety reasons.

\*Please remove all unnecessary items from your child's cubby daily, the really get filled up! Plus, summer is coming.



## Diapers and Wipes

Diapers and wipes are due the first Monday of every month! This has always been a good way for us to keep a supply of diapers for your child here at the Center. Keep in mind if we do not have a supply of your child's diapers we will use the daycare supplies, however you will be charged \$1.00 per diaper. We appreciate everyone bringing their supply when needed. Thank you!



## Handling Toddler Tantrums

My toddler has tantrums where

she'll throw things, disobey me and refuse to sit for a time-out. How should I handle this?

Two-year-olds have a big job, and that is to test their boundaries!! The number-one thing with 2-year-olds is to pick your battles, decide what you are going to have as a rule and stick with it. This will help you be consistent with her, which is the golden rule of parenting!!

At 2 years old, she might not completely understand the concept of time outs. You can give her warning, and then keep putting her back into the chair until she gets the message—but that may take an hour or more! So don't put her in a time-out for saying no if you ask her to do something. When she says no, do not get into a battle with her about it,

just say, "OK then I will do it myself." Kids usually don't like that!! If it is something like cleaning up her toys, make it into a game. It is important to make things fun, like setting a timer and seeing who can pick up the most toys in the allotted time (let her win!) or letting her know what is happening next ("After we clean up the toys, it's snack time. Shall we have bananas or strawberries today?").

The more preparation you give her the better. Tantrums are part of a toddler's communication, but it is important not to feed into them. If she's in the stroller and having a tantrum, don't let her out; but rather, turn it around, facing away from you. Tell her that when she is ready to talk, you will

listen! But please pick your battles and don't make everything a fight!!

[www.parentsconnect](http://www.parentsconnect)



### **12-Month-Old Toddler Development: Eating Big Kid Food**

Got cow's milk? Break it out! Your 1-year-old can now expand his culinary world to include all the grown-up food you've been dying to let him try. Bye-bye baby food mess ... hello grown-up food mess!"

**What you're thinking:** "Now if only he'd eat the food instead of rubbing it in his hair!"

*Ideally...*

While the switch to a full-time, big-kid diet is exciting for you (Yay! No more purees!

So long, formula!), for your toddler, the new nosh can be daunting (which, in this case, is just another way of saying "yucky"). The trick is to start out slowly and let your kid warm up to the grown-up grub.

As you start to introduce new foods to your kid's menu, don't be discouraged if he spits out his first (or 14th) bite.

It can take up to 15 introductions for a kid to warm up to a new food, so prepare yourself for plenty of "He's eating the eggs! Oh wait, he's spitting out the eggs. ..." déjà vu.

It may also take some time for your kid to [switch from formula or breast milk to cow's milk](#).

If he doesn't seem to like it, try mixing one part milk with three parts breast milk or formula (or five parts or seven parts ... depending on how picky your kid's palette is!), and gradually up the ratio until you've got him hooked on just

milk. You'll want to limit your kid's milk intake to 16 to 24 ounces a day, 'cause some kids love the stuff so much, it's *all* they'll want to nosh on—which can make that whole "eating the eggs" thing even harder.

Make sure to introduce your little gourmand to one new food at a time so you can keep an eye out for [allergies](#)

You'll want to watch for wheezing, [hives](#), [eczema](#), [vomiting](#) or [diarrhea](#) as indications of possible allergic reactions. Most docs suggest waiting about three days before busting out new vittles. (And if you're an allergy sufferer yourself, you might want to hold off on introducing the more [allergenic foods](#) for a while.) The good news is that a lot of kids outgrow their allergies—so there's still hope that your kid will get to indulge in Ben & Jerry's! Got a kid who *Just. Won't. Eat. Anything?* You're not alone. Lots of parents struggle with their toddlers' pickiness. Just

heed the knowledge that your kid won't starve herself, do your best, and ignore the strangers (and your mother) who ask if you're feeding your kid. [www.parentsconnect](http://www.parentsconnect)



**The children had all been photographed, and the teacher was trying to persuade them each to buy a copy of the group picture. 'Just think how nice it will be to look at it when you are all grown up and say, 'There's Susan, she's a lawyer,' or 'That's Michael, He's a doctor.'** A small voice at the back of the room rang out, 'And there's the teacher, she's dead.'

**Watch for our next newsletter: July 2010**