



**July/August/September  
2006 Issue**



Another school year will soon begin. Here is a story we would like to share with you. Treasure every moment with your children, they do go by quickly.

You were six months old and full of fun, with a blink of my eye, you were suddenly one. There were so many things we were going to do, but I turned my head and you turned two. At two you're very dependent on me, but independence took over when you turned three. Your third birthday, another year I tried to ignore. Four was the year that you really strived, why look at you now, your already five.

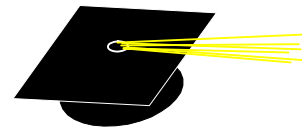
Now you are ready for books and for rules. This is the year that you go to school. The big day came, you were anxious to go, we walked to the bus, going oh so slow. As you climbed aboard and waved goodbye, a lump

in my throat and tears stung my eyes.

Time goes so fast, it's hard to believe that yesterday you were home here with me. And tomorrow when the bus brings you home and you jump to the ground; you'll be wearing your cap and graduation gown. So I'm holding to these moments as hard as I can, because the next time I look, I'll be seeing a man/woman.



*We would like to extend our deepest sympathy to Ms. Shirley for the recent passing of her Mother and Father. Our thoughts and prayer go out to her and her family.*



**Preschool Graduate!**

It has been another exciting preschool year. Just to be a part of your child's growth and development in preparation for kindergarten has been very rewarding. We appreciate the support and trust each parent has given The Nannies Unlimited Child Center

and Preschool Inc., and allowing the teachers the opportunity to work with your child. Thank you.

Congratulations to the Firefly graduates for a job well done!



The children appear to be really enjoying their summer session, however, everything comes to and end! With only a few weeks until school begins we would like to touch base with you again in regards to your plans for your child this school year. Each year we have numerous calls from parents inquiring about our school program. Since we try to cater to our current parents, we need to know how many children will continue attending the Center this fall. This information will help us route cans and know if we can accommodate children who do not attend at this time. We have some “new” schoolers (kindergartners) so we need to review things that are specific to children in school. If your child rides the bus: the first week or so fo

school, we assign an older child to your kindergartner to assure they get on and off of the bus at the right place. This works well.

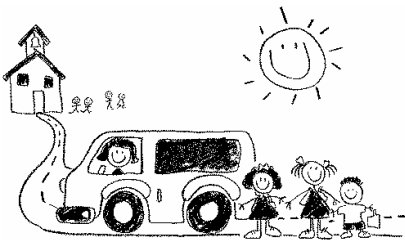
If your child attends Four Mile Elementary or St. Joseph's: the bus picks our children up between 7:40 a.m. (St Joseph) and 8:30 a.m. (Four Mile) at the entrance of our parking lot. Our staff attends to the children while they wait for the bus and the bus leaves. On Wednesdays the children of Four Mile Elementary get out of school at 1:55 p.m. and return to the entrance of our parking lot. Again, our staff waits for them as they disembark from the bus and into the building. On the other days (Monday, Tuesday, Thursday, and Friday) the children will return from school at approximately 4:00 p.m.

If your child attends Pleasant Hill Elementary, Delaware Elementary, Runnells Elementary, Centennial Elementary, or Willowbrook Elementary, our staff will take your child(ren) to and from school in one of our vans. All vans have restraint systems in place. We will immediately notify you if your child is not available to be picked up by our van or is not delivered by the bus after school. Please continue to use the

Schooler's (Hornets) Communication Sheet located under the bulletin board in the main lobby for any communication you need to convey to your child's before or after school teacher. This communication sheet is reserved for school aged children only. Our teacher's will initial the sheet after they read it to let you know they read it. The rate for the before and after school program is \$75.00/week per child. This rate includes an after school snack, transportation to and from school and a “spot” at the center for various reasons, such as a no school day or days when the children get out of school early. If the children do not have school on a particular day there is an additional \$30.00 drop in charge. We post “sign up sheets” for scheduled “no school days” on the Hornet Bulletin Board to assist us with staffing and food prep. If you sign up your student you must prepay for the day. If there is a change in your plans, and the student does not attend that day you are eligible for a refund. If there is more than one day of “no school”, your rate never exceeds the weekly rate of \$110.00/week. Here are examples. Week one-school all week = \$75.00/child. Week two – no school on one

day that week = \$105.00/child (\$75.00 + \$30 drop in). Week three-no school for two days that week = \$110.00/child (never over \$100.00/week). If space is available the rate for before or after school is \$55.00 per week per child. If you ask for your child to come during breaks only, you will need to call well before each break to check if there is an opening available. Reminder: Your school-aged child is no longer considered full time so they are not eligible for an annual free vacation week.

To ensure your child's fall reservation, you will need to complete and return the registration form prior to 7/21/2006. (Those have been provided to you in your cubbies).



## 2006-2007 Preschool Information

Welcome to The Nannies Preschool Program. We have another fun and educational program planned for the children again this year. We will continue to make education fun to enhance your child's natural love for learning. We will

continue to have a weekly "Focus of the Week" calendar posted every Monday on the preschooler's communication board for you to review to help keep you current on what your child's schedule will be during that week. Please keep in mind this is subject to change if needed. ☺ Show and Tell will continue to be on Thursdays. We believe this is vital to enhance your child's public speaking, especially in a comfortable setting using articles from home that are also comfortable to them. Please remember, Show and Tell items are to be Focus of the week oriented, unless otherwise posted.

Again this year we plan to have Happy Bear visit us. We will send out another notice when the date has been confirmed. The past few years Happy Bear has had a real positive impression on the children!

In our classes, we do not expect perfection, so we often award a child with a sticker, star or happy face, it might not be because your child did their work without flaw. Sometimes the positive enforcement is given purely for their effort. We will encourage your child to be and explorer, creator, communicator, interactor, questioner, problem solver, thinker, reasoner, and socializer.

Mostly we are going to have fun building self esteem for the future!

Our preschool program starts Tuesday September 5, 2006, this will be the day that your child will start their new room!

Again, thank you for your continued support. We are looking forward to working with your preschooler! This is going to be another year of mental and physical growth.



One of our goals here at The Nannies is to help parents decrease stress levels thereby allowing them an increase in quality time spent with their children. One of the ways we are attempting to decrease stress and ensure each student has the appropriate materials necessary to be organized and ready to learn, The Nannies Unlimited Child Center and Preschool Inc. will again purchase all

preschool supplies necessary for students in the **Ladybug** (3-4 year old room and the **Fireflies** (4-5 year old room) **The cost of this supply packet is \$15.00 per preschooler.** Please make your payment **PRIOR** to Friday August 18, 2006. This will allow us time to formulate the supplies in time for the first day of preschool. You may include this payment with your weekly tuition.




### Quiet Time:

All children will be encouraged to take a nap or have quiet time. Children benefit from rest periods every day. That way they won't be too tired to enjoy their families during the evening and participate in the afternoon activities with renewed energy.

*As a child gets older most children begin to resist taking naps, however, we will encourage the child to take a nap. Our quiet/nap time is from approximately 11:30 am until 1:30 pm in the Toddler/Two year old room and 12:00 pm. until 2:00 pm in the preschool rooms. Children who are two years of age and younger will be allowed to do a planned quiet activity if they are not sleeping within 45 minutes after beginning of naptime and/or when they wake from their nap and have been supervised to toilet. Preschool aged children (ages 3years-5years not enrolled in elementary school) will be allowed to do a planned quiet activity if they are not sleeping within 20 minutes after the beginning of naptime and/or when they wake from their nap and have been supervised to the toilet. We encourage parents to bring their children prior naptime for this can be very disruptive for the other children and*

*can be upsetting for your child if they take a nap as soon as they arrive.*



### School Hours

#### Southeast Polk Schools

	Start	Dismiss	Wed
Altoona	8:50	3:45	1:50
Centennial	8:45	3:36	2:00
Delaware	8:50	3:46	1:55
Four Mile	8:45	3:46	2:05
Runnells	8:45	3:46	1:55
Willowbrook	8:50	3:46	2:00
Mitchellville	8:40	3:41	1:50

#### Des Moines Public Schools

	Start	Dismiss
Pleasant Hill	8:35	3:35



### Annual Re-registration Due:

It's that time of year again when your **\$35.00** annual re-registration is due. There is a six month grace period for those who have paid a registration fee between February 2006 and August 2006 that will **not** have to pay again this year. You can submit those payments along with your weekly tuitions. **These fees will be due prior to Monday August 28, 2006.** If you have any questions please see Ms. Vickie or Ms. Cyndie





**ORAL HEALTH CLINIC**  
 CHAD JOHNSON, DDS  
 1225 COPPER CREEK DRIVE,  
 SUITE K  
 PLEASANT HILL, IA 50327  
 PH 515 266 3700  
 FAX 515 266 3597  
 EMAIL  
[ORALHEALTHCLINIC@AOL.COM](mailto:ORALHEALTHCLINIC@AOL.COM)

**LET'S TALK TEETH**

WHY SEALANTS ARE GOOD FOR MANY CHILDREN

SEALANTS ARE A TYPE OF FILLING, BUT THE TEETH DO NOT NEED TO BE DRILLED. THE SEALANT IS PLACED DIRECTLY ON TOP OF THE BITING SURFACE OF THE TOOTH. NORMALLY, A FILLING RESTORES A TOOTH THAT HAS A CAVITY, BUT A SEALANT PREVENTS CAVITIES. IT DOES SO BY PLUGGING UP THE DEEP GROOVES ON THE BITING SURFACES OF TEETH THAT A TOOTHBRUSH NORMALLY CANNOT CLEAN.

SEALANTS ARE OFTEN COVERED FOR CHILDREN BY INSURANCE. THEY DO NOT LAST FOREVER, BECAUSE THEY WEAR OFF, BUT OFTEN CAN REMAIN ON THE TEETH FOR UPWARDS OF 30 YEARS, FOR EXAMPLE. THIS IS IMPORTANT ESPECIALLY BECAUSE CHILDREN USUALLY ARE NOT AS GOOD AT ORAL HYGIENE AS ADULTS. NORMALLY SEALANTS CAN COST AROUND \$30

PER TOOTH, BUT IT PREVENTS THE NEED FOR FILLINGS, WHICH NORMALLY CAN COST OVER \$100 PRE TOOTH.

*Looking for a new home?*

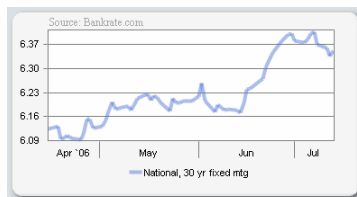


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 Licensed in the state of Iowa

Here are some helpful stats if you are currently looking for a new home or thinking of selling your current home in the Pleasant Hill area.

There are 177 Homes "currently" on the market.  
 73 Homes were "sold" last quarter.  
 Homes "newly" listed last quarter were 131.

Although the interest rate graph below shows a thirty year fixed mortgage increasing, interest rates are still low enough to have your dream home still be affordable.



**Policy Reminders:**

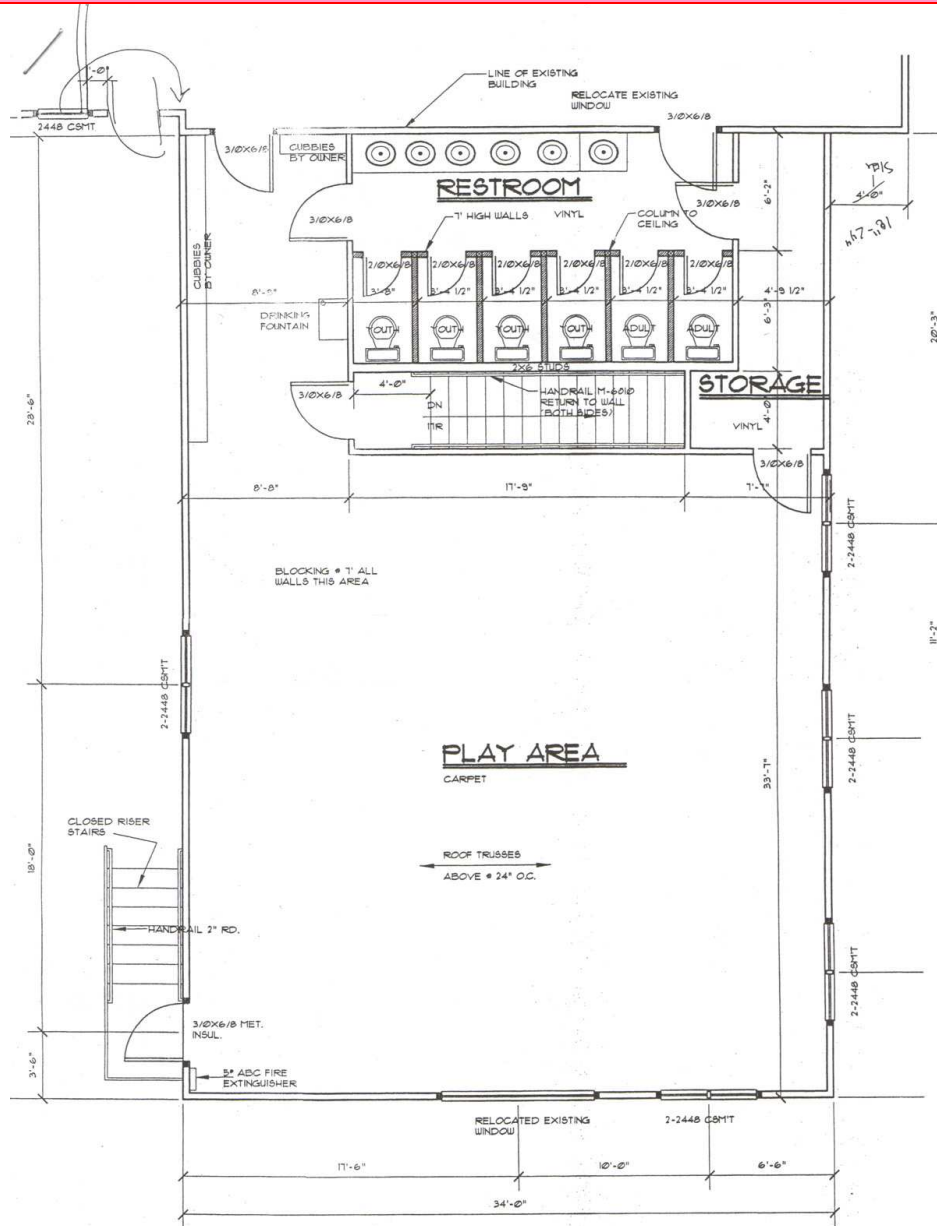
- ~Children must be signed in and out by their parents and escorted to their assigned room when arriving and leaving the Center. (Please do not allow your children to write on the sign in record, parents only).
- ~ Children who are not going to attend the Center for the day, please notify us prior to 8:00 am. This allows us to adjust our staffing and meal counts accordingly.
- ~Weekly tuitions continue to be DUE on Monday for the week your child is attending. There is late fees assessed after Monday at 5:30 p.m. Please include a \$10.00 late fee on Tuesday if you did not remit payment on Monday.
- ~If your child will be attending elementary school this year (2006-2007) . please remember to sign in on the "Hornet" communication sheet located east of the coffee maker in the front foyer.

*Thank you to all of our family and friends who donate toys and supplies to the Center. We do appreciate this very much!*

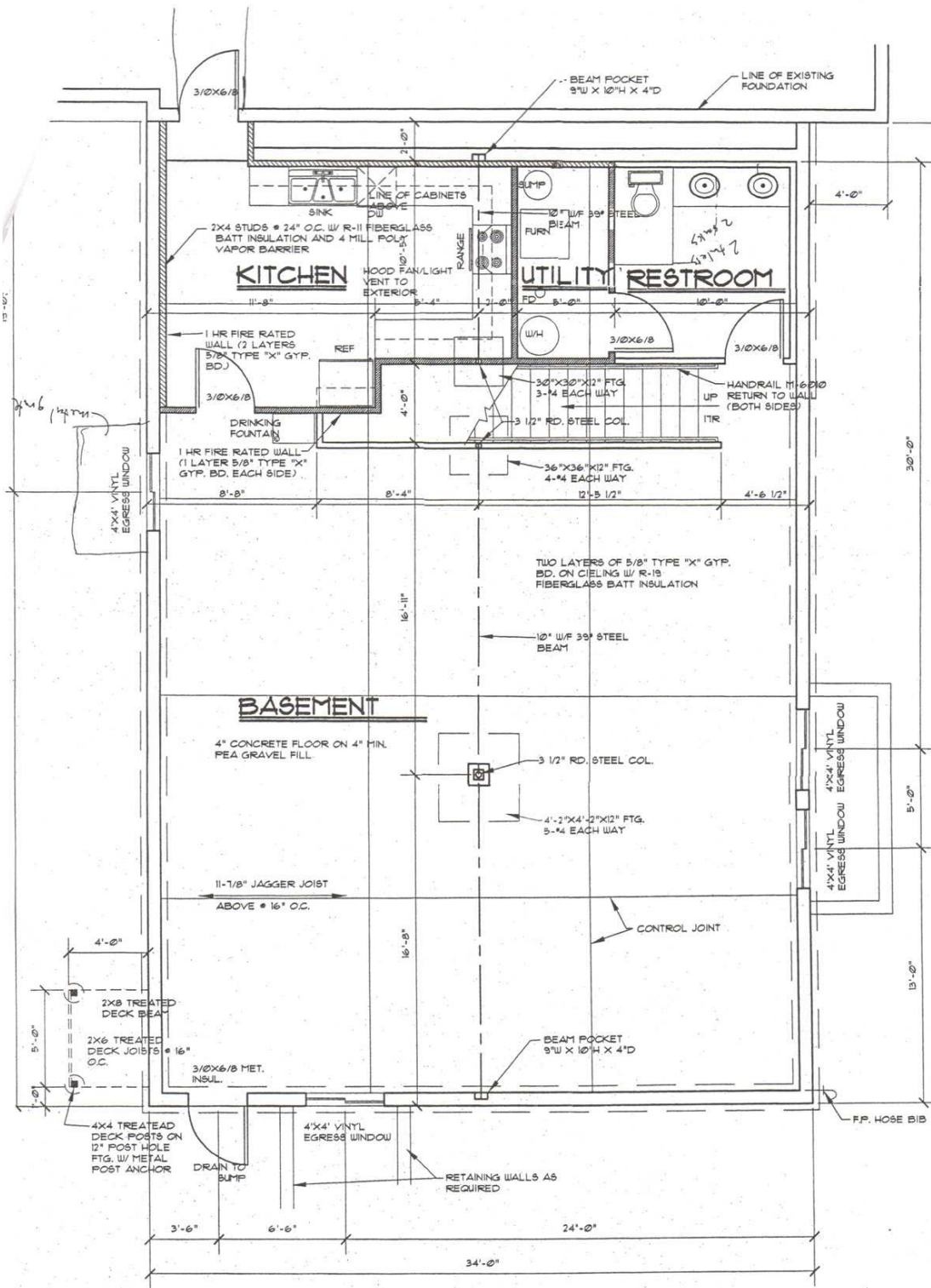
Look for our next newsletter around the holidays! Where is the summer break going! way too fast!

# The Nannies Unlimited Will Be Expanding Soon!

The Nannies thought you would enjoy getting a glimpse of what the new proposed addition will look like when completed. This addition will be built on the south side of the Center and will attach off of what is now the Schoolers/Hornet's room. This addition will hopefully be completed during the first quarter of 2007. These two new areas will be the "home" of the Ladybugs and Hornets.



Ladybug Room (Three/Four Year Olds)



Hornets/School Age Room