#### January/February/March



Thank you! Christmas has come and gone and once again we had a great time celebrating the Holiday Season together. We would like to thank every family for the gifts given to replenish the toys and supplies we use throughout the year. The food, lunches and the goodies families provided during the Holiday Season was So good and very much appreciated. Thank you All So Much For your Patronage in 2007! The Nannies



# Oh What the Children Will Say About Love!

We recently asked three. four and five year old children the following questions. Here are some of their responses!

What do you like about girls?

Nathan (5): 'You can play with them." Garrett (4): 'Their ponytails." Henry (4): 'They are my friends." Jacob (3): 'They are my friends." Jacob (3): 'They smell good." Maddux (3): 'They're fun!" Parker (4): 'I don't know yet!"

> What do you like about Boys?

Madison (4): "They laugh." Ella (4): "They build." Lila (4) "I like to play with them." Taryn (3): "I like to play with them all the time."



Brody (3): "Truck Racing."

Cami (3): "A flower."

Landon (3): "When you hug yourself."

Zachary (3): "For Girls."

Nathan (5): "Makes you comfy." Madison (4): "Because

Jesus loves me."

Grace (5): "Hugs and kisses."

Peyton (5): "It means you love your parents."

Ella (4): "Hugging."

Claricia (4): "When people are laughing."



Remember Valentines Day – Thursday February 14, 2008.



### **TAX TIME AGAIN!**

It's that time of the year again! Ms. Vickie has the year end statements available for your tax purposes. They are located at the front desk area by the coffee. They are alphabetized for you convenience. For those of you that just need our EIN (Employee Identification Number) her it is! 39-1905508.

If you have any questions please let us know.



If your child is showing interest in toilet training this can be an exasperating phase for you and your child! We want to help! We will be evaluating your child's continued toileting interest and work with your child to enforce what you are attempting at home. We provide small toilets for them to use to enhance their independence and

decrease their fear of using a commode. Please make certain you send them in elastic waist pants (no zippers yet please!) that are easily and independently pulled up. While toilet training they will have to wear pull-ups. not diapers. At the Center. we toilet the children every two hours. unless they tell us they have to go more frequently. They love washing their hands at the short sinks and looking at themselves in the mirror!  $\odot$ 

Each Friday the Lead Teacher completes our Tracking Form. This has 8 Keys to address listed here:

1. Is the child willingly toileting? 2. Does the child tell you when they need to urinate/defecate? 3. Do they attend to their own clothing? 4. Are they dry when they wake up from naptime? 5. Are their pants dry before they successfully toilet? 6. Have they been independent in toileting this week (even though needed minimal assistance)? 7. Is the child dressed in toilet training appropriate clothing? (elastic waist pants etc.)

# 8. Is the child wearing regular underwear?

I check this book every Monday to monitor progress. If a child was evaluated "no" on #1 we will back off for a week or two then restart the process. You are welcome to look at the white notebook anytime you wish. It is located on the cubbies to the left of the office. After your child has completed 2 weeks of all "Yes" responses, they are considered toilet trained and I will send you a letter informing you of a rate decrease and the effective date.

I hope this helps you be aware of our successful Toilet Training Procedure! Toilet Training today – Driver Ed tomorrow!! ③

Ms. Vickie



To Prevent accidents from occurring in our parking lot we would like to review that the entrance to the parking lot is on the east end closest to the Center and the exit is at the west end of the parking lot located by the Vans/garbage receptacle. Please remember there are people walking with Children to and from Vehicles/building and would ask that you slow down and be cautious especially during the morning drop off and evening pick up times.





A part of our preschool program, the children ages two. three. four. or five years of age (non-school age) brush their teeth every morning. With this we ask that the parents bring a new toothbrush at least every three months because they become worn and are not as effective. Also if your child has been sick especially with Strep Throat etc....please remember to bring a new toothbrush to cut down on the potential for cross contamination.



We need your help! We have noticed a lot of pop cans, garbage, cigarette butts and litter in our parking lot. Children try and pick up any and all things to investigate! This is not safe or healthy. Please try and keep our parking are clean and safe for the children and our patrons. THANK YOU!



From left to right Jessica. Drew. Tanner. and Ella

Fireflies Perform at the Courtyard Estates in Pleasant Hill. Under the direction of Ms. Shelly Roberts. Mrs. Pat Felderman and Mr. Travis Derry the Firefly Preschool class performed their annual Christmas Program at the Courtyard Estates December 5. 2007.

This was very exciting for the preschoolers. One of many ways we show the children you can give back to your community!



From left to right: Jessica. Madison. Drew and Tanner.



From left to right: Henry. Alex and Paige.



From left to right: Henry. Paige. Emma. Madison. Grace



Wow, it seems like we iust started school and here we've already started the second semester! Everyone has been pretty good about signing their children up for no school days. Just another reminder though, if you sign your child(ren) up to attend a "no school Å day" (i.e. Spring break/Winter break/Summer break. Teacher In-service day) then you will be responsible for payment. When you sign your child up to attend the Center we staff and adjust our menu's accordingly.

Please keep your eyes open for any sign up sheets posted on the schoolers bulletin board located in the hallway leading to the school age room.



#### Books If you have any "unwanted" children books at home we are always looking to replenish our supplies! The children love to read and look at the pictures. Although we have a large library for our teacher's to use during their reading~ preschool time we also have books in each room the children can independently pick up and read. Since children are just learning how to respect books, they do at times become "unreadable". These are the books we would like to replenish. So. if you are looking to reduce some of your supply at home we would love to have them! Please bring them to the office so we may "log" them into our system! Thank You!





### **Health Guidelines**

#### If a child in the Center

develops: Pinkeye, Severe Vomiting and/or Diarrhea, associated with lethargy, Severe Coughing, Unusual spots or rashes, Difficulty swallowing or a persistent sore throat associated with a fever and malaise, Unusual behavior, Loss of appetite, Severe itching of body and/or scalp (these may be symptoms of lice), Fever (temperature of 101 degree orally) (In order to return to the Center the child must be afebrile for 24 hours).

#### **The Center will:**

Separate him/her from the other children as much as possible and observe for the other symptoms, Contact his/her parent(s) to keep them informed of the child's condition or to

have the child picked up, If the parent cannot be reached, the center will contact the name of the person designated on the registration form by the parent, Contact his/her parent(s) to ask if they are aware of the symptoms, If no one can be reached and in extreme emergencies the center will transport the child to the nearest hospital by the best transportation available.

Once the family member has been notified of the child's illness and the need for the child to be picked up by the parent/family member you need to remember you have one hour to pick your child up from the Center to avoid late fees. Late fees will be assessed according to our late fee guidelines.

#### <u>Sign In:</u>

Children must be Signed in and out by Their parents and escorted to their room when arriving and leaving the center



## Diapers

Infants and/or children attending the center whom require the use of disposable diapers and/or training pants will have a personal supply brought from home. That supply will be marked for identification. Parents will be required to bring one container of diapers and one container of baby wipes during the first Monday of each month. The Nannies will let the parent(s) know during the month if more diapers are needed.

#### **State Funding:**

Just a reminder for those individuals who receive state assistance for childcare; you are only allowed 4 (four)absences monthly the State will pay for, if you go over the 4 days in one month time you will be responsible for the payment beyond those 4 (four) days.

January is National Blood Donor Month Blood is traditionally in short supply during the winter months due to the holidays, travel schedules, inclement weather and illness. January, in particular, is a difficult month for blood centers to collect blood donations. A reduction in turnout can put our nation's blood inventory at a critical low. AABB, in conjunction with America's **Blood Centers and the** American Red Cross, is celebrating National Blood Donor Month (NBDM) 2008 to encourage donors to give or pledge to give blood.



# PAPER

If you have access to extra paper the children can use for arts & crafts or for the children to be creative with we would love to have it. We need to restock our supplies. In the past we have had parents whose work place throw away paper that has been barely used. This type of paper would be perfect for those creative minds and refrigerator art. Thank you! If you have any questions please let us know.



We would like to thank the individual who donated the Green Mountain Coffee! It was so thoughtful of you to share with others that wonderful "Joyful Season Blend" and "Holiday Blend. We are truly blessed with all of our families here at

# The Nannies. <u>THANK YOU</u> <u>VERY MUCH!</u>



Outdoor play is an important part of our daily curriculum as weather permits. It is important for parents to provide the appropriate clothing and outerwear for the weather conditions (e.g. Coat, snow pants boots, gloves etc...) Trees often shelter our playgrounds from the sun however we will apply sunscreen to the children when temperature/weather in the summer/spring warrant. During the winter months, the building provides some shelter from winds however: children will need hats. mittens and coats (at a minimum). The Nannies Unlimited Child Center and Preschool Inc. checks weather conditions routinely.

Official Heat Index: The Nannies Unlimited Child Center and Preschool Inc. uses the following chart to determine outdoor play conditions. The center's administration frequently checks the heat index and plans accordingly. The teachers supervise the children's hydration and offer and encourage frequent fluid intake.

Heat Index below 90 Degrees: No restrictions.

Heat Index 90 Degree: 1/2 hour intervals outdoors. Heat Index above 90 Degrees: 15 minute intervals outdoors under the trees/shaded areas. The staff and children may stay out longer with water play and appropriate sun screen reapplied at frequent intervals. When air pollutants are such to that could severely affect both children and adults, no outdoor play is permitted. (Again this will be determined by the administration).

Official Wind Chill Factor: The Nannies Unlimited Child Center and Preschool Inc. frequently checks the wind chill factor. Children <u>do not</u> go outdoors when the temperatures are below 20 Degrees. Children will be dressed for outdoor play according to the weather conditions.(ie hats, gloves, mittens, boots, snow pants, coats etc...)

**General Policy:** Teachers will plan at least 1 hour of outdoor play each day as weather permits. Depriving children from outdoor playtime is detrimental to children's health especially in recent medical studies showing concerns about increased childhood obesity and excessive sedentary activities. Our policy states that if a child is well enough to be at the Center then they are well enough to go outdoors.

> Watch for our next Newsletter April 2008.