

Nannies Unlimited

Nanniesunlimitedchildcare.com

T: 515-265-8288 F: 515-265-9222

nanniesunlimited@aol.com

nanniesunltdvj@aol.com



Tax time, Ugh!

It's tax time again, wow that really comes around fast! Those of you who have given Ms. Vickie your e-mail address have been sent your yearend invoices. However, those of you who did not submit an email address will have your statement available in the front lobby. Those of you who just need our Employee Identification Number here it is! 39-1905508



Children will be having their Valentine's Party Friday February 13, 2026. Please have your child sign their name to the back of each valentine's card. You may ask your teachers how many cards to complete. This works out well and reduces the confusion for the children. Please have their cards completed by Friday February 6, 2026 and give them to the teachers in your child's room.



Upcoming Events

February 13

Valentine Party

March 10

Spring Break



TELEPHONE calls.

WE would ask all of our PARENTS and FAMILY MEMBERS to REFRAIN FROM calling to visit with the STAFF between the hours of 8:30 am and 12 noon. During those hours is the time the STAFF are really busy and PRESCHOOL is in SESSION. It is VERY HARD for the STAFF to pull away from what they are doing to talk on the PHONE and KEEP ANY TYPE OF ORGANIZATION or INTEREST and COOPERATION from the CHILDREN. Unless it is an EMERGENCY, PLEASE call between the hours of 12 noon and 5:30 PM.

THANK YOU SO MUCH FOR YOUR understanding and MANNER. OUR STAFF will APPRECIATE this and will HAVE MORE TIME to visit if we FOLLOW THOSE HOURS



Sick Children

WE KNOW THAT IT IS HARD WHEN YOUR CHILD IS SICK. However, to keep the co-mingling of "bugs" to a minimum we ask that you keep your child at home until they are fever free for 24 hours.

If your child is going to stay home, PLEASE telephone the center and let us know they will not be attending. This helps not only with our lunch counts and staffing but we worry about the child and why they are not at the center.

From the Nursery

CLOTHING TO WEAR IN NURSERY: Please dress your baby in simple, comfy clothing. Nothing fancy with a lot of snaps or buttons. The Nannies would like to be able to change the children out of their soiled clothing easily and quickly. When babies have several layers of clothing and snaps it makes it very difficult (as baby is already upset and uncomfortable enough) Some suggested items of clothing are: elastic waist pants and undergarments, one piece sleeper type, onesies, sweat pants, baby work out pants. Overalls and tight fitting jeans are hard to work with as are tight fitting clothing/necklines. Baby clothing is so cute but remember simple is better for both the caregiver and the child.

CLOTHING: Please label everything with the baby's name. All items such as blankets, bottles, diapers, wipes, jars/boxes and cans of food. When there are group of children in one area with the same items this can become confusing and items can potentially become mixed up.

COMMUNICATION SHEETS: Please write down all information for your Nanny that you would like them to be aware of. Such as the child overnight disposition, or any unusual eating or sleeping habits prior to attending the Center.

Please take note that the child's nanny documents important information about your child's day on the communication sheets and if supplies are needed. So please read your sheet daily so our supplies are replenished and we receive the items that meet the needs of your child.

MEDICATION RELEASE FORMS: We are more than happy to administer medication to your child. However, it is a State directive that we receive direction from you PRIOR to giving the medication. The medication release forms are kept in the front lobby in the small cubbies.



Weekly Blanket Washing!

We need your help! With the flu season starting earlier we ask that you continue to take your child's blanket home every week, wash it and return it. This helps cut down on cross contamination.



THANK YOU

A special thank you to our parents who have been supplying us with paper throughout the year! Any paper that will fit in our copy machine works great, even if one side is good! Our children and staff will use all that is brought to the Center.

Hand Washing!



Although there is no guaranteed way, including the vaccine, to prevent anyone from getting the flu, the simplest way is to avoid large crowds. As we all know this is almost impossible to do, so the next best thing is hand washing which helps prevent the spread of infections like the flu.

Although the flu season is typically from November to April, most cases occur between late December and early March with the vaccine offered between September and mid November (however the shot can be given at other times of the year). Getting the shot before the flu season is in full force gives the body a chance to build up immunity to, or protection from, the virus. You can get a flu shot well into the flu season, it is best to get it earlier rather than later. Be sure to check with your physician to make sure this vaccine is necessary.



WHAT TEACHERS MAKES!

The dinner guests were sitting around the table discussing life. One man, a CEO, decided to explain the problem with education. He argued, "What's a kid going to learn from someone who decided his/her his/her best option best option best option in life was to become a teacher?" He reminded the other dinner guests what they say about teachers: "Those who can, do. Those who can't, teach." To stress his point he said to another guest; "You're a teacher, Susan. Be honest. What do you make?" Susan, who had a Susan, who had a reputation for honesty and frankness replied, "You want to know what I make? "I make kids work harder than they ever thought they could. I make a C+ feel like the winner of the Congressional Medal of Honor. I make kids sit through 40 minutes of study hall in absolute of study hall in absolute silence. "You want to know what I make? I make kids wonder. I make them question. I make them criticize. I make them apologize and mean it. I make them write. I make them read, read, read. I make them show all their work in math and their work in math and perfect their final drafts in English. I make them understand that if you have the brains, and follow your heart, and if someone ever tries to judge you by what you make, you must pay no attention because they just didn't learn." Susan paused and then continued. "You want to know what I make? " "I MAKE A DIFFERENCE." What do you make?" THERE IS MUCH TRUTH IN THAT STATEMENT. STATEMENT. And don't forget, "Teachers make every other profession possible. Thank a teacher.



Effective tooth brushing involves brushing twice daily for two minutes with a soft brush, fluoride toothpaste, using gentle, circular motions at a 45-degree angle to the gumline, covering all surfaces and the tongue, and waiting about an hour after acidic foods/drinks to avoid enamel damage, with electric brushes often helping with pressure control. Key practices include using a pea-sized fluoride paste, angling the brush, gentle pressure (soft bristles/pen grip helps), brushing tongue, and waiting after acidic intake to prevent enamel erosion, according to [the Mayo Clinic](#) and [Harvard Health](#).

SCHOOL AGE NEWS!

Wow, it seems like we just started school and here we've already started the second semester! Everyone has been pretty good about signing their children up for no school days. Just another reminder though, if you sign your child(ren) up to attend a "no school" attend (i.e. day" (i.e. **Spring break (3/13-20/2026)** / Summer break, Winter break, Teacher In-Teacher In-service Day) you will be responsible for payment. When you sign your child up to attend the Center we adjust our staff and menu's accordingly. **Please keep your eyes open for any sign up notices posted on the schoolers bulletin board located in the hallway leading to the school age room.**



POLICY & PROCEDURE REMINDERS:

Health Guidelines

If a child in the Center develops: Pinkeye, Severe Vomiting and/or Diarrhea, associated with lethargy, Severe Coughing, Unusual spots or rashes, Difficulty swallowing or a persistent sore throat associated with a fever and malaise, Unusual behavior, Loss of appetite, Severe itching of body and/or scalp (these may be symptoms of lice), Fever (temperature of 101 degree orally) (In order to return to the Center the child must be afebrile for 24 hours).

The Center will:

Separate him/her from the other children as much as possible and observe for the other symptoms, Contact his/her parent(s) to keep them informed of the child's condition or to have the child picked up, If the parent cannot be reached, the center will contact the name of the person designated on the registration form by the parent, Contact his/her parent(s) to ask if they are aware of the symptoms, If no one can be reached and in extreme emergencies the center will transport the child to the nearest hospital by the best transportation available. Once the family member has been notified of the child's illness and the need for the child to be picked up by the parent/family member you need to remember you have one hour to pick your child up from the Center to avoid late fees. Late fees will be assessed according to our late fee guidelines.



Government Assistance Program:

Just a reminder for those individuals who receive state assistance for childcare; you are only allowed 4 (four) absences monthly the State will pay for, if you go over the 4 days in one month time you will be responsible for the payment beyond those 4 (four) days.



THANK YOU VERY MUCH!

We would like to thank the individuals who donated toys to the center, it is thoughtful of you to share with others. We are truly blessed with all our families here at The Nannies. If you have books or toys you would like to donate, please let the office know. **Thank you to those families who sent goodies, lunches, and snacks during the holiday season for our staff, we are truly thankful for you**



Sign In:

Children must be Signed in and out by their parents and escorted to their room when arriving and leaving the center! Thank You!

Diapers/Wipes Infants and/or children attending the center who require the use of disposable diapers and/or training pants will have a personal supply brought from home. That supply will be marked for identification. Parents will be required to bring one container of diapers and one container of baby wipes during the first Monday of each month. The Nannies will let the parent(s) know during the month if more diapers are needed



Just a Reminder:



Daylight Savings time begins **Sunday March 8, 2026**, "spring" your clocks forward one hour!



The first day of **Spring is Friday March 20, 2026!** I think we all look forward to the warmer weather and enjoying the outdoors.

Watch for our next Newsletter April 2026.

