

April/May/June 2008

SUMMER



Summer is rapidly approaching and will be here before you know it! The Nannies are planning a fun and exciting summer in the sun! We would like to ask our parents to help us out with these summer plans. We have many field trips scheduled along with different arts and Crafts planned. It would be very helpful if you read all correspondence that we have posted either on your child's cubby/door or at the main entrance. We do not want any child to miss out on the fun. However, due to staffing needs and the need to make certain reservations in advance, it is imperative that you read all instructions, follow those guidelines and sign your child up as soon as possible. For children ages three years of age and older, we will be using the Center's vans. Each van has been equipped with the appropriate safety standards. If you have concerns about this and you would rather your child NOT attend the out of Center field

trips, this is also your option. Parents of children under the age of three will NOT attend out of Center field trips.

Vacation Reminders

When requesting vacation time, you will need to submit your request in writing one week in advance, otherwise we might not be able to honor your request. The policy of the Nannies Unlimited is as follows and can be reviewed in our parent manual located on our web site:

nanniesunlimitedchildcare.com
Full time children will be eligible for vacation after the child has been enrolled in the center for six months. (This excludes part time and school age children) (Part time is defined as anything less than 5 days a week Monday through Friday). One week of vacation per calendar year with one week written notice is requested. (Vacations are taken in a block of a week.)





Severe Weather Tornado Safety

The Nannies Unlimited Child Center & Preschool's policy and procedure during a tornado warning: Children located in the Nursery and Toddler room will proceed to the basement. Children in the Two-Year-Old room, preschool and schooler's room will go to the three year old room in the lower level of the south building. The children will crouch down on the floor, placing their heads between their knees while covering their heads with their hands. The Nannies have monthly tornado drills to familiarize the children with these procedures. The Center also has weather radios that receive their information from the National Weather Service. The weather radios automatically alert the staff when a watch or warning is issued.



The Nannies Unlimited Child Center & Preschool Inc. realize that your child's safety is of your up most concern. However, the Center requests that parents refrain from

calling the Center during a tornado warning. This will enable the staff to focus on the children's safety and security without distractions. If there is a concern you need to be notified of, the staff will contact you immediately.



ORAL HEALTH CLINIC
DR. CHAD JOHNSON, DDS
1225 COPPER CREEK DRIVE,
SUITE K
PLEASANT HILL, IOWA
(515) 266-3700



LET'S TALK TEETH

HAVE YOU EVER WRITTEN INSTRUCTIONS FOR SOMEONE OR SOMETHING? OBVIOUSLY, WHEN YOU READ THEM AT TIMES, THEY CAN MAKE OR BREAK THE OUTCOME. I WANTED TO BRIEFLY WRITE ABOUT THE GENERAL ESSENTIALS THAT YOU MAY FORGET TO DISCUSS AT THE DENTAL OFFICE, OR THAT THEY ARE TOO BUSY TO TALK ABOUT; BUT WE ALL KNOW THAT CHILDREN DO NOT COME WITH INSTRUCTION MANUALS.

SO, THE CORE BASICS: YOUR CHILDREN SHOULD BE BRUSHING TWICE A DAY, TWO MINUTES TOTAL EACH TIME. THIS SHOULD BEGIN WHEN THEY HAVE EVEN ONE TOOTH



IN THEIR MOUTH. WHEN THEY ARE OLD ENOUGH TO HOLD THE BRUSH, ALLOW THEM TO TAKE OWNERSHIP BY BRUSHING THEMSELVES (THOUGH NOT FULLY EFFECTIVE, WE KNOW), BUT YOU ALSO SHOULD BRUSH AN EXTRA MINUTE FOR THE EFFECTIVE BRUSHING.



ONCE CHILDREN HAVE BACK TEETH THAT ARE TOUCHING ONE ANOTHER, THOSE TEETH SHOULD GET FLOSSED; AT A MINIMUM OF ONCE WEEKLY. THIS IS THE BIGGEST HELPER FOR YOU IN PREVENTING CAVITIES BETWEEN TEETH. STORES SELL FLOSSERS, SO YOU DON'T HAVE TO PUT YOUR HANDS AND FINGERS IN THEIR MOUTHS. BY AGE 6-7 YEARS OLD, THEY MAY FLOSS THEMSELVES.



FLUORIDE RINSE IS A PERFECT THING TO DO FOR PREVENTING CAVITIES; ONCE YOU KNOW THAT THE CHILDREN ARE ABLE TO SPIT (NORMALLY BY AGE 4). YOU CAN DEMONSTRATE SPITTING, AND HAVE THE CHILD ENACT WHAT THEY JUST SAW YOU DO. ACT FLUORIDE RINSE IS INEXPENSIVE, AND COMES IN VARIOUS FLAVORS, AND IS TO BE DONE FOR 30 SECONDS TWICE DAILY. GENERIC BRANDS ARE JUST AS GOOD, TOO. CHILDREN WHO SWALLOW THIS RINSE CAN GET SICK TO THEIR STOMACH, AND IT CAN CAUSE WHITE SPOTS ON THEIR DEVELOPING ADULT



TEETH, SO SPITTING IT OUT IS CRUCIAL.

LASTLY, CHILDREN SHOULD BE VISITING THE DENTIST AT 12 MONTHS OLD, WHICH IS YOUNGER THAN PREVIOUSLY TAUGHT, BUT THIS HAS MANY BENEFITS, AND THE APPOINTMENTS ARE MUCH SHORTER. CATCHING CAVITIES EARLY MAKES FOR EASIER FIXES, AS WELL. YOU CAN DO ALL YOU CAN, BUT A VISIT TO THE PROFESSIONAL AT AN EARLY AGE WILL PAY OFF, PSYCHOLOGICALLY FOR YOU AND THE CHILD, AND ALLOWS FOR A GOOD RELATIONSHIP TO BUILD BETWEEN THE CHILD AND DENTIST. CAVITIES HAVE BEEN FOUND IN CHILDREN'S MOUTHS EARLIER AND EARLIER SINCE HIGH-FRUCTOSE CORN SYRUP HAS BEEN INTRODUCED TO THE AMERICAN DIET IN THE 1960'S, AND THIS IS THE PRIMARY REASON FOR EARLY INTERVENTION AND SCREENINGS WITH TODDLERS AT THE DENTAL OFFICE.

BRUSHING, FLOSSING, AND FLUORIDE RINSING. THESE ARE YOUR PERFECT TRIFECTA FOR CAVITY PREVENTION, AND ARE NOT ONLY RELATIVELY INEXPENSIVE, BUT THEY WILL SPARE YOUR CHILD THE AGONY OF SHOTS, DRILLS, AND LEARNING TO HATE THE DENTAL VISIT EXPERIENCE!



Keeping Summer Safe:

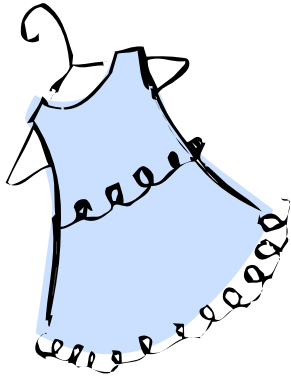
We want to have a fun and safe summer. Keep in mind when children are playing outdoors, there is a natural increase in injuries due to running and playing. We keep track of all accidents to ensure a quality control program. This helps us find potential problem areas that might be eliminated. If you should get an accident report in your child's cubby, please sign one copy and place it in the incident report cubby next to the coffee center in the front lobby, the other copy you may take home for your records. When the children are playing outdoors in the summer, they all get "lubed" up with sunscreen/sunblock. If you have not brought your child's sunblock for the 2008 summer we encourage you to do so as soon as possible. Please give this to your child's teacher. Make sure you mark your child's name on the tube/bottle in large print so the teachers can be sure to use this on your child.



Swimming season is also upon us, we ask that you bring your child's swimming suit with your child's names marked clearly on them! It can be very frustrating for the staff when they cannot determine whose swimming suit belongs to whom. Remember, if you thought the swimming suit was cute or cool, so did someone else! You can only imagine over 100 swimming suits without names! This is also very frustrating for your child.

Parents of children in diapers, we ask that you purchase a package of "swimming diapers". Please place your child's name on the package and he/she can use them during the season. If your child does not have the swimming diapers they cannot get into the water. This is for the health and safety of each child.





Reminder!

Just a reminder to all parents, guardians, and family members. Please keep extra clothing here at the Center for those emergencies when children need to change into something clean/dry. This includes newborns up to and including school age children. We do not keep extra clothing here at the Center for safety and storage reasons.



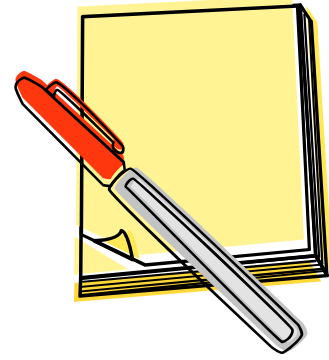
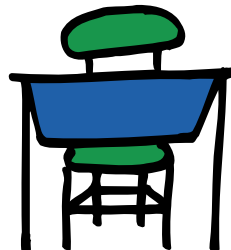
PRESCHOOL FIREFLIES GRADUATION!

It has been another exciting year! Just to be a part of your child's growth and development in preparation for kindergarten has been very rewarding. We appreciate the support and trust each parent has given The Nannies Unlimited Child Center

and Preschool Inc., and allowing the teachers the opportunity to work with your child (ren) Thank you.

Our Little Graduate

To those parents who have children in the Firefly room attending kindergarten in the Fall of 2008, rates will be adjusted the first week of school towards the end of August 2008. Tuition for children attending before and after school will be \$75.00/wk. Those children attending either before or after school, tuition will be \$55.00/wk. If your child is enrolled in our school program they will be eligible to attend, "no school days" due to any reason. The price for a child to attend an extra no school day will be \$30.00/day. However, their price will never exceed the weekly tuition rate for schoolers of \$110.00/wk. Further information will be sent to the parents for those who wish to participate in our school age program.



Scratch/Paper Needed!

The Nannies Unlimited Child Center and Preschool Inc. is still looking for paper for our children to use for their creative self expressions! (coloring and cutting etc...) We appreciate all parents who have already brought us paper it has been put to good use and very much appreciated.



We would like to tell our parent's and family members how much we appreciate them. You are very special and we thank you for sharing your children with us. It is our privilege to get to know each of you and watch your children develop and grow physically.



developmentally and emotionally. Your generosity and support has been overwhelming since we opened our doors. Your continued donations are wonderful and the children use those items daily.



If we have forgotten to properly thank you please forgive us, it is not our intention to exclude anyone.



Accident Prevention!

Parents & Families we would really appreciate it if you would remind your children to walk when at the Center. This includes not only inside the Center but outdoors in the parking lot.

The teachers are constantly reminding the children to Walk! Walk! Walk! Otherwise children and others are going to get hurt. Thank You!



Policies and Procedure Reminders!

Please notify the Center when you have a change in address or phone numbers, whether it be work or home so we may keep our records updated for the safety of your child.

Children who leave the Center during the day, for any reason are considered gone and WILL NOT return. So remember when making doctor appointments etc...that it might be best to make them towards the end of the day.

If your child, for any reason is not attending the Center for the day, please notify the facility as soon as possible, preferably during the morning hours. This helps our staffing needs and keeps your daycare costs down as much as possible.

All children are to be signed in and out by the parent when arriving and leaving the Center. We ask that the children NOT sign themselves in and out. These are documents that we have audited.



Birthdays/Tuition

Parents: Please notify administration in writing when your child has a birthday.

There could be tuition adjustments to be made especially when the child turns two years of age.

Parents/Families are responsible for this notification.

Unfortunately there will NOT be any type of reimbursements or adjustments made for any oversight regarding changes in your child's tuition.

Children who are in elementary school do not need to notify the office of their child's birthdays. Tuition does not usually change after they are enrolled in elementary school.

"The test of the morality of a society is what it does for its children"

Dietrich Bonhoeffer.