

# Nannies Unlimited News

SUMMER NEWS 2013

## SUMMER:



Summer is rapidly approaching and will be here before you know it! The Nannies are planning a fun and exciting summer in the sun! We would like to ask our parents to help us out with these summer plans. We have many field trips scheduled along with the different art and crafts planned. It would be very helpful if you read all correspondence that we have posted either on your child's cubby/door or at the main entrance. We do not want any child to miss out on the fun. However, due to staffing needs and the need to make certain reservations in advance, it is imperative that you read all instructions, follow those guidelines and sign your child up as soon as possible. For children ages three years of age and older, we will be using the Center's vans. Each van has been equipped with the appropriate safety standards. If you have

concerns about this and you would rather your child NOT attend the out of Center field trips, this is also your option. Parents of children under the age of three will NOT attend out of Center field trips.



## Preschool Graduation

**It has been another exciting preschool year! Just to be a part of your child's growth and development in preparation for kindergarten has been very rewarding. We appreciate the support and trust each parent has given The Nannies, and allowing our teachers the opportunity to work with your child. Thank you! THE PRESCHOOL GRADUATION IS SCHEDULED FOR THURSDAY MAY 16, 2013 AT 4:00 PM.**

## Swimming Season!



Swimming season is almost upon us, now is the time to start gathering your child's swimming supplies! We ask that you bring your child's **swimming suit** to the Center with their names marked clearly in them! Just think of having 25-50 swimming suits unmarked and how frustrated the teachers and children become when they cannot determine which suit belongs to whom. Just remember when purchasing a swimming suit, if you thought it was cute, so did everyone else!

Parents of children in diapers, we ask that you bring a package of "Little Swimmers" again remember to place your child's name on the package of swimmers. If your child does not have the little swimmers they cannot get into the water. This is for the health and safety of each child.



FYI: We add chlorine to all pools daily!

## Building Etiquette



We ask all parents to try and keep their children from running inside the Center. Children have been "run over" when other children are running to enter or leave the facility!

Thank you so much!



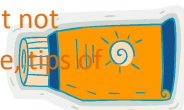
**Spring is here and we are gearing up for another exciting time with the children during outdoor play. After being cooped up indoors for most of the winter the children are ready to run and play in the sun. To protect the children's skin we ask that each child bring a bottle**

**or tube of sunscreen labeled for identification. We have initiated a new procedure when using sunscreen. The form has been placed in each of your child's cubbies for you to complete and return to the lead teacher in your child's room. The form states,**

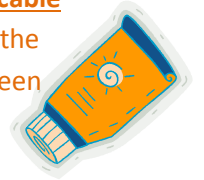


**Parent's /Guardian's Permission to Apply Sunscreen to Child**

As the parent or guardian of the above child, I recognize that too much sunlight may increase my child's risk of getting skin cancer someday. Therefore, I give my permission for personnel at The Nannies Unlimited Child Center & Preschool Inc. to apply a sunscreen product of SPF-15 or higher to my child, as specified, when he/she will be playing outside, especially during the months of March through October and between the daily times of 10 am and 4 pm. I understand that sunscreen may be applied to exposed skin, including but not limited to the face,



the ears, nose and bare shoulders, arms and legs. I have checked all applicable information regarding the type and use of sunscreen for my child:



If your child should run out of their personal sunscreen the Center will use its own supply of sunscreen until such time the parent replaces their personal sunscreen.

## INCIDENTS ~ ACCIDENTS

With outdoor play comes falls, bumps, bruises and accidents! There is a natural increase in injuries during this time of the year! Just as a reminder, we complete **incident reports** on all children who have an injury while in the care of The Nannies. If a child has an injury while at the Center, we will notify the parent during naptime unless the injury requires immediate care beyond what the center can provide. If the injury occurs after naptime, staff will notify you close to when the injury occurs. You will receive two written reports, one you will sign and place in the cubby identified as "incident reports" located in the front lobby. The other

copy is for your records. We track all incidences and will identify any changes necessary to prevent potential accidents from re-occurring. However, children will run, fall and Boo Boo's will occur!



### Severe Weather Tornado Safety

The Nannies Unlimited Child Center & Preschool's policy and procedure during a tornado warning: Children located in the Nursery, Toddler room, Two-Year-Old room, preschool and schooler's room will go to the three year old room in the lower level of the south building. The children will crouch down on the floor, placing their heads between their knees while covering their heads with their hands.

The Nannies have monthly tornado drills to



familiarize the children with these procedures. The Center also has weather radios that receive their information from the National Weather Service. The weather radios automatically alert the staff when a watch or warning is issued.

The Nannies Unlimited Child Center & Preschool Inc. realizes that your child's safety is of your up most concern. However, the Center requests that parents refrain from calling the Center during a tornado warning. This will enable the staff to focus on the children's safety and security without distractions. If there is a concern you need to be notified of, the staff will contact you immediately.

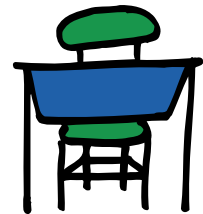


### Our Little Graduate



**To those parents who have children in the Firefly room attending kindergarten in the Fall of 2013, rates will be adjusted the first week of school towards the end of August 2013. attending before and**

**after school will be \$75.00/wk. Those children attending either before or after school, tuition will be \$55.00/wk. If your child is enrolled in our school program they will be eligible to attend, "no school days" due to any reason. The price for a child to attend an extra no school day will be \$35.00/day. However, their price will never exceed the weekly tuition rate for schoolers of \$110.00/wk. Further information will be sent to the parents for those who wish to participate in our school age program.**



### Policies and Procedure Reminders!

Please notify the Center when you have a change in address

or phone numbers, whether it is work or home so we may keep our records updated for the safety of your child.

Children who leave the Center during the day, for any reason are considered gone and WILL NOT return. So remember when making doctor appointments etc...that it might be best to make them towards the end of the day.

If your child, for any reason is not attending the Center for the day, please notify the facility as soon as possible, preferably during the morning hours (around 8). This helps our staffing needs and keeps your daycare costs down as much as possible.

All children are to be signed in and out by the parent when arriving and leaving the Center. We ask that the children NOT sign themselves in and out. These are documents that we have audited. THANK YOU!



## **Birthdays/Tuition**

**Parents: Please notify administration in writing when your child has a birthday. There could be tuition adjustments to be made especially when the**

**child turns two years of age.**

**Parents/Families are responsible for this notification.**

***Unfortunately there will NOT be any type of reimbursements or adjustments made for any oversight regarding changes in your child's tuition.***

**Children who are in elementary school do not need to notify the office of their child's birthdates. Tuition does not usually change after they are enrolled in elementary school.**



**A big thank you to our parents and family members who continue to support the Center. Your generosity and donations are very useful and helpful to the staff and management. From the toys, Nintendo and the paper supply, they all help tremendously. We do appreciate all of you so much!**



### **Outdoor Play**

Outdoor play is an important part of our daily curriculum as weather permits. It is important for parents to provide the appropriate clothing and outerwear for the weather conditions (e.g. Jackets on cooler days etc...) Trees often shelter our playgrounds from the sun however we will apply sunscreen to the children when temperature/weather in the summer/spring warrant. During the winter months, the building provides some shelter from winds however; children will need hats, mittens and coats (at a minimum). The Nannies Unlimited Child Center and Preschool Inc. checks weather conditions routinely.

### **Official Heat Index:**



The Nannies Unlimited Child Center and Preschool Inc. uses the following chart to determine outdoor play conditions. The center's administration frequently checks the heat index and plans

accordingly. The teachers supervise the children's



hydration and offer and encourage frequent fluid intake.

**Heat Index below 90 Degrees:**

No restrictions.

**Heat Index 90 Degree:** ½ hour intervals outdoors.

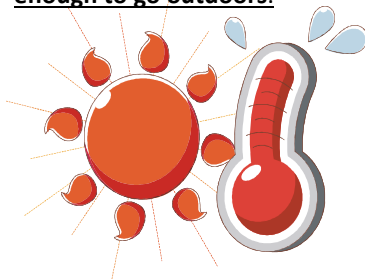
**Heat Index above 90 Degrees:**

15 minute intervals outdoors under the trees/shaded areas. The staff and children may stay out longer with water play and appropriate sun screen reapplied at frequent intervals. When air pollutants are such that could severely affect both children and adults, no outdoor play is permitted. (Again this will be determined by administration).

**General Policy:**

Teachers will plan at least 1 hour of outdoor play each day as weather permits. Depriving children from outdoor playtime is detrimental to children's health especially in recent medical studies showing concerns about increased childhood obesity and excessive sedentary activities.

Our policy states that if a child is well enough to be at the Center then they are well enough to go outdoors.



**Entrance and Exits!**

**When entering the parking lot area PLEASE enter through the east entrance and exit from the west entrance.**

**This will help keep the flow of traffic in one direction preventing a potential accident from occurring. Also, we ask that everyone please slow down and be aware of others in the parking lot. We want everyone to stay safe. There are times that children get away from their parents and dart in front of other vehicles.**

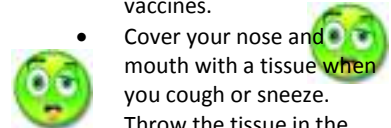


The flu is thought to spread mostly from person to person through coughs and sneezes of people who are sick with the flu.

Flu viruses may also survive for a few hours on surfaces such as doorknobs, phones, and cups. You may also get the flu if you touch these surfaces and then touch your eyes, mouth, or nose before washing your hands

You ask, "**HOW TO KEEP YOURSELF AND OTHERS HEALTHY DURING THE FLU SEASON:**"

- Talk to your doctor about whether you need both H1N1 seasonal and flu vaccines.
- Cover your nose and mouth with a tissue when you cough or sneeze. Throw the tissue in the trash after you use it.
- Wash your hands often with soap and water, especially after you cough or sneeze. If soap and water are not available, use alcohol-based hand rub.
- Stay away from sick people as much as possible.



Center from disease Control Prevention

Watch for our next newsletter August 2013.

