



July/Aug/Sept 2008

Summer 2008 has already turned out to be a fun packed adventure! Children have been involved in swimming lessons, fishing, picnics, water play, roller skating, bowling, site seeing at the zoo, movie time, laser tag, adventures at the science center, library time, Playground for Kids, pizza parties, soccer, softball, dodge ball and much more.

We would like to thank all of our parents and families who have volunteered and participated in those events. Children continue to keep their skills they learned in pre-school - school sharpened during the summer with all of the arts and crafts we include during their fun filled days. Thank you to all who keep the lines of communication open and read all correspondence to help us keep the summer program running smooth! Please continue to read & respond to all postings in your child's "focus of the week" board or cubbies.

*The Nannies  
Unlimited  
Preschool  
Proudly  
Announces the  
2008 Preschool  
Graduates*

- Myles Beattie*
- Nathan Bollman*
- Parker Brewer*
- Kennedy Buntentbach*
- Jessica Carroll*
- Kaleigh Cox*
- Madison Duong*
- Emma George*
- Paige Griggs*
- Indya Kenney*
- Alex King*
- Grace Larkins*
- Kody Latchum*
- Garrett Malaise*
- Peyton Minks*
- Lila Morgan*
- Gracie Muck*
- Haris Nollen*
- Lauren Pfister*
- Kaylia Pickering*
- Claricia Roose*
- Madeline Streepy*
- Karlee VanErem*
- Maddox VonAhnen*
- Ella Wolgamuth*
- Henry Wolgamuth*





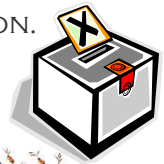
## ELECTION AND OUR CHILDREN

NO MATTER WHICH SIDE OF THE POLITICAL FENCE YOU SIT ON, YOU CANNOT DENY THAT THIS YEAR'S PRESIDENTIAL ELECTION HAS BEEN, AND WILL CONTINUE TO BE EXCITING! JUST THINK SOMEDAY OUR GRANDCHILDREN WILL READ IN TEXTBOOKS ABOUT THE BARRIERS THAT WERE TORN DOWN AND THE ISSUES THAT WERE TACKLED AT THIS CRITICAL MOMENT IN OUR COUNTRY'S HISTORY. AND WHILE OUR GRANDCHILDREN WILL READ ABOUT IT, OUR CHILDREN ARE LIVING IT. AS PARENTS, WE CAN HELP OUR CHILDREN UNDERSTAND THIS

ELECTION AND THE PROCESS. DON'T RELY ON OTHERS EDUCATE YOUR CHILDREN. CHANCES ARE YOUR CHILD ALREADY KNOWS A THING OR TWO ABOUT THE ELECTION FROM OVERHEARING CONVERSATIONS OR LISTENING TO THE NEWS COVERAGE. TRY AND ASK YOUR CHILD WHAT ISSUES THEY KNOW ABOUT AND WHAT APPEARS TO BE IMPORTANT TO THEM ON THEIR LEVEL. OPEN A DIALOGUE THAT ALLOWS YOUR CHILD TO EXPRESS THEIR OPINION ON SOME OF THE MAJOR ISSUES FACING OUR COUNTRY TODAY, WHETHER IT'S HEALTH CARE, THE ECONOMY, THE ENVIRONMENT, OR THE WAR IN IRAQ. THE ISSUES YOU DISCUSS AND THE DEPTH INTO WHICH YOU DISCUSS THEM SHOULD DEPEND ENTIRELY ON YOUR CHILD'S AGE, OF COURSE. IF YOU HAVE

OLDER CHILDREN, YOU MAY EVEN BE ABLE TO HELP THEM CORRELATE THEIR OPINIONS ON THE ISSUES WITH THE CANDIDATE BEST REFLECTS THEIR INTEREST.

WE LIVE IN A TIME THAT VOTER INVOLVEMENT IS AT A SHOCKING LOW IN SPITE OF THE FACT THAT WE HAVE SO MUCH AT STAKE DURING THIS ELECTION. BY OPENING THE DISCUSSION WITH OUR CHILDREN, WE CAN HELP THEM SEE THE IMPORTANCE OF BEING AN ACTIVE CITIZEN IN THE HEALTH OF A NATION.



*We would like to extend our deepest sympathy to the Kulczyk family for their recent passing of their husband/father, Carl Kulczyk. Our thoughts and prayers go out to the family.*



## Fall 2008 Sign up!

Parents of children who have graduated from our Firefly preschool program (listed above) and our current school age children should watch for the fall 2008 sign up for our before and after school program. The memo will give you valuable information about "Schoolers - Hornets" tuition and other important information for you to follow. (7/7/08)



### CAN PERIODONTAL DISEASE CAUSE PREGNANCY PROBLEMS?

Today, growing evidence supports the concept that gum infection may indeed play a role in pregnancy

complications, possibly inducing miscarriage and premature birth as well as inhibiting the growth and development of the unborn child. Of course there are many problems that can arise during pregnancy; however, it now appears that with additional research, oral infections might be added to the list of possible risk factors.

Periodontal disease may contribute to the common problems of pregnancy by presenting an infectious, inflammatory challenge to the fetus: when bacteria or their products slip through the placenta and reach the baby, they trigger an immune and inflammatory response which stresses the baby. Since pregnancy is such a critical time for human development, this could potentially have debilitating effects on an infant's health, creating problems that could last a lifetime.

Infections are thought to account for between 30-50 percent of all premature deliveries. Maternal infections during pregnancy, especially when they spark a fever, have been known to cause miscarriage, premature birth and babies that are born abnormally small for their gestational age. This is attributed to the fact that bacteria or viruses in the bloodstream trigger the production of infection-fighting chemicals that threaten the "mother-child unit" and impair fetal growth and development. The chemicals and hormones that mediate the inflammatory response can also dilate the cervix and trigger uterine contractions, leading to preterm labor. The increase

in hormonal activity during pregnancy can cause gums to bleed more easily and may promote bacterial overgrowth. This bleeding is not normal and signals ulceration between the tooth and gum. In full-blown periodontal disease, the infected area around all 32 teeth becomes a huge ulcerated area about the size of the palm of your hand. These infected areas no longer have the natural skin barrier between the bacteria in the dental plaque and the mother's bloodstream. Bacteria enters the blood and travel to the placenta, which normally blocks penetration to the fetus.

Certainly, there are many reasons for pregnancy complications that do not involve infections, the progression of periodontal disease during pregnancy can result in fetal exposure and trigger a fetal inflammatory response which may increase the risk for pregnancy complications.

Good news is that they know how to prevent and manage periodontal disease and treatment can be provided safely during pregnancy to improve a mother's oral health, reducing infection and inflammation that may harm her unborn child.

An increased dialogue among expectant mothers, their obstetricians and their dental professionals to diagnose, prevent and manage maternal oral infections appears to be a promising strategy for optimizing maternal health during pregnancy.

"What every woman needs to know": by Steven Offenbacher (Oral and Whole Body Health).





## Preschool 2008-2009.

Just a reminder that The Nannies Unlimited Child Center and Preschool Inc. preschool program begins the first Tuesday after Labor Day, September 2, 2008 and continues through until the middle of May 2009.

Classes will be held Monday through Friday 8:30 am until 11:00 am.

Children who turn three years of age **PRIOR** to September 15, will participate in our “Ladybug” preschool program and those children who have turned the age of four **PRIOR** to September 15, will participate in our “Firefly” preschool program.

The Preschool Teachers will make the children’s room changes on Tuesday August 19, 2008. Parents, when

picking your child up from daycare this day, please go to their new assigned room. The Ladybug room is located in the lower level of the preschool building and the Fireflies are located on the main floor in the preschool building. On Wednesday August 20, 2008 parents may begin taking their “preschooler” to their appropriate room.



One of our goals here at The Nannies is to help parents decrease stress levels thereby allowing them an increase in quality time spent with their children. One of the ways we are attempting to decrease stress and ensure each student has the appropriate materials necessary to be organized and ready to learn, The Nannies Unlimited Child Center and Preschool Inc. will again purchase all preschool supplies necessary for students in the **Ladybug** (3-4 year old room and the **Fireflies** (4-5 year old room) **The cost of this supply packet is \$20.00 per preschooler.** Please make your payment **PRIOR to Friday July 25, 2008.** This will allow us time to

formulate the supplies in time for the first day of preschool. You may include this payment with your weekly tuition. Please make note that you have included this with your payment.



The children appear to be really enjoying their summer session. However, we are trying to prepare for the new 2008-2009 school year. Every year we seem to have numerous calls from parents inquiring about our school program. Since we try to cater to our current parents, we need to know how many children will continue attending the Center this fall. This information will help us to know if we can accommodate children who do not attend at this time. We will have some “new” schoolers (kindergartners) so we need to review things that are specific to children in school. If your child rides the bus: the first week or so for school, we assign an older child to your kindergartner to assure they get on and off of

the bus at the right place. This works well.

If your child attends Four Mile Elementary or St. Joseph's: the bus picks our children up between 7:40 a.m. returning at 4:15pm (St Joseph) and 8:15 a.m. returning at 4:00 pm. (Four Mile) at the entrance of our parking lot.

Clay/Willowbrook/Central/Deleware Schools: the bus picks up our children at 7:45 am and returns them at 4:30 pm. Our staff attends to the children while they get on and off the bus. On Wednesdays the children of Four Mile Elementary get out of school at 1:55 p.m. and return to the entrance of our parking lot close to 2 pm.

Clay/Willowbrook/Central/Deleware get out of school at approx. 2:00 pm and arrive at the Nannies around 2:30 pm. Again, our staff waits for them as they disembark from the bus and into the building.

If your child attends Pleasant Hill, our staff will take your child(ren) to and from school in one of our vans. All vans have restraint systems in place. We will immediately notify you if your child is not available to be picked up by our van or is not delivered by the bus after school. Please continue to use the Schooler's (Hornets) Communication Sheet

located under the bulletin board in the main lobby for any communication you need to convey to your child's before or after school teacher. This communication sheet is reserved for school aged children only. Our teacher's will initial the sheet after they read it to let you know they read it. The rate for the before and after school program is

\$75.00/week per child. This rate includes an after school snack, transportation to and from school and a "spot" at the center for various reasons, such as a no school day or days when the children get out of school early. If the children do not have school on a particular day there is an additional \$35.00 drop in charge. We post "sign up sheets" for scheduled "no school days" on the Hornet Bulletin Board to assist us with staffing and food prep. If you sign up your student you must prepay for the day. If there is a change in your plans, and the student does not attend that day you are NOT eligible for a refund. If there is more than one day of "no school", your rate never exceeds the weekly rate of \$110.00/week. Here are examples. Week one-school all week = \$75.00/child. Week two - no school on one day that week = \$115.00/child (\$75.00

+ \$35 drop in). Week three-no school for two days that week = \$110.00/child (never over \$110.00/week). If space is available the rate for before or after school is \$55.00 per week per child. If you ask for your child to come during breaks only, you will need to call well before each break to check if there is an opening available. Reminder: Your school-aged child is no longer considered full time so they are **not** eligible for an annual free vacation week.

To ensure your child's fall reservation, you will need to complete and return the registration form according to the memo left in your child's cubby. (Those will be provided to you in your child's cubbies soon so please be looking for them July 7, 2008).



### Annual Re-registration Due:

It's that time of year again when your **\$35.00** annual re-registration is due. There is a six month grace period for those who have paid a registration fee between January 2008 and July 2008 that will not have to pay again this year.

You can submit those payments along with your weekly tuitions.

**These fees will be due by Friday July 25, 2008.** If you have any questions please see Ms. Vickie or Ms. Cyndie.