



January/February/March 2019



Tax time, Ugh!

It's tax time again, wow that really comes around fast! Those of you who have given Ms. Vickie your e-mail address your yearend invoices have been sent to you. However, those of you who did not submit an email address will have your statement available in the front lobby by January 31, 2019. Those of you who just need our Employee Identification Number here it is! 39-1905508

Happy
Valentine's
Day

Children will be having their Valentine's Party Thursday February 14, 2019. Please have your child sign their name to the back of each valentine's card. You may ask your teachers

how many cards to complete. This works out really well and reduces the confusion for the children. Please have their cards completed by Friday February 8, 2019 and give them to the teachers in your child's room. You may bring pre-packaged treats if you would like to share. ❤️



Sick Children

WE KNOW THAT IT IS HARD WHEN YOUR CHILD IS SICK. However, to keep the co-mingling of "bugs" to a minimum we ask that you keep your child at home until they are fever free for 24 hours. If your child is going to stay home, PLEASE telephone

the center and let us know they will not be attending. This helps not only with our lunch counts and staffing but we worry about the child and why they are not at the center.

We ask that you notify the center using the telephone system and not the email system! We are not always online checking for those and at times do not see those e-mails until later in the day.

We appreciate all of your help in this matter.



Hand Washing!

Although there is no guaranteed way, including the vaccine, to prevent anyone from getting the flu, the simplest way is to avoid large crowds. As we all know this is almost impossible to do, so the next best thing is hand

washing which helps prevent the spread of infections like the flu. Although the flu season is

typically, from November to April, most cases occur between late December and early March with the vaccine offered between September and mid-November (however the shot can be given at other times of the year). Getting the shot before the flu season is in full force gives the body a chance to build up immunity to, or protection from, the virus. You can get a flu shot well into the flu season, it is best to get it earlier rather than later. Be sure to check with your physician to make sure this vaccine is necessary.



Weekly Blanket Washing!

We need your help! With the flu season starting earlier and earlier we ask that you continue to take your child's blanket home every week, wash it and return it. This helps cut down on cross contamination.



COMMUNICATION SHEETS:

Please write down all information for your Nanny that you would like them to be aware of. Such as the child overnight disposition, or any unusual eating or sleeping habits prior to attending the Center.

Please take note that the child's nanny documents important information about your child's day on the communication sheets and if supplies are needed. So please read your sheet daily so our supplies are replenished and we receive the items that meet the needs of your child.



MEDICATION RELEASE FORMS:

We are more than happy to administer medication to your child. However, it is a State directive that we receive direction from you PRIOR to giving the medication. The medication release forms are kept in the front lobby in the small cubbies labeled "Medication Forms" Please make sure you complete these forms in detail and give it to their Nanny along with the medication. Thank you!



Policy & Procedure Reminders:

~State Laws requires that each child at the Center

have a yearly certificate of good health and a current immunization record on file. It is always helpful when you receive a packet telling you that your physical & immunization updates are due to ensure that these forms are completed and returned to the office as soon as possible.

~ All children are to be signed in and out by the PARENT when arriving and leaving the Center. We ask that children NOT sign this form. These documents are audited and need the parents/guardian's signature on them. This is not the area to have your child practice their name writing skills.

~Children who leave the Center during the day, for any reason are considered gone and WILL NOT return. So, when making doctor appointments etc.... it would be best to make them toward the end of the day!

~Please notify the Center in writing when you have a change of emergency information. (phone, address, work, etc....) so we may keep our records current. This is for the safety of all children at the Center.



TOILET TRAINING



First, some perspective for frazzled parents: Every healthy child is successfully potty trained. In the long run, the age at which she masters these particular skills doesn't matter. It's not a reflection of your skills as a parent or your love for her. Doing it earlier doesn't mean she's smarter or more coordinated or will get into an Ivy League school.

But if you start potty training before your child is biologically and emotionally ready, you're both going to become frustrated and upset. It will also drag out the process because it's likely to turn into a battle of wills, a battle that parents never win. That's why it's a good idea to know the signs that she's probably going to be successful before you start.

Most children become potty trained between 18 and 30 months. However, some children still struggle with the skills when they're 4 years old. But if you

look closely, your child will tell you with her behavior that she's probably ready to begin. For example:

- **Does she have bowel movements at a fairly predictable time? Does she let you know through words or behaviors that she's aware that she's having one?**
- **Can she pull down and pull up her pants?**
- **Does she show an interest in the bathroom and what other people do in it?**
- **Can she walk over to and sit down on the potty by herself?**
- **Has she started saying "No!" to you? Does she like to have at least some of her toys in certain special places? This shows that she's interested in controlling things in her environment.**
- **Does she know what "wet" and "dry" mean?**
- **Does she respond to praise and want to please you?**

If your child shows most of these behaviors, she may be ready to begin.

We can help you with some ways to start. Remember, never try to potty train a child during a time of stress, such as when your family is moving or going on vacation, or when the child is sick. If it doesn't seem to be working, take a break and try again in a few weeks or months. It will happen; just give it time.

By Lawrence Kutner Ph.D.



tuition Adjustment
Beginning January 7th, 2019 our rates for 2015 will increase. We have notified each of you separately, in your child's cubby of those specific changes. If you have any questions please direct them to either Ms. Vickie or Ms. Cindy.



DIAPERS & WIPES

Just a reminder of our policy regarding your child's diaper and baby wipe supply. The first Monday of every month you need to bring in a large container of

diapers and a container of wipes. This has always worked out well to maintain a good supply here at the Center. If for some reason your child runs low, we will notify you immediately. If you have a question on whether or not you have brought your supply for the month, check with your child's teacher, they keep documentation monthly on those supplies



A special thank you to our parents who have been supplying us with paper throughout the year! Any paper that will fit in our copy machine works great, even if one side is good! Our children and staff will use any and all that is brought to the Center.

Also, we'd like to thank everyone who keeps our plastic grocery type bags supplied. We can never have too many! With Spring and Summer approaching we go through them a lot with water play etc.

If you have any items, toys, that you're thinking of discarding we would love to recycle them through the Center. Children go through them rapidly here and it's a win win for us both.

SCHOOL AGE NEWS!

Wow, it seems like we just started school and here we've already started the second semester! Everyone has been pretty good about signing their children up for no school days. Just another reminder though, if you sign your child(ren) up to attend a "no school attend (i.e. day" (i.e. [Spring break \(3/15-22/2018\)](#)/Winter break/Summer break, Teacher In-service day) you will be responsible for payment. When you sign your child up to attend the Center, we adjust our staff and menu's accordingly. **Please keep your eyes open for any sign-up notices posted on the schoolers bulletin board located in the hallway leading to the school age room.**





New Toothbrushes

New Toothbrushes A part of our preschool program, the children ages two, three, four, or five years of age (non-school age) brush their teeth every morning. With this we ask that the parents bring a new toothbrush at least every three months because they become worn and are not as effective. Also, if your child has been sick especially with Strep Throat etc..... please remember to bring a new toothbrush to cut down on the potential for cross contamination.



MORE POLICY & PROCEDURE REMINDERS:

Health Guidelines

If a child in the Center develops: Pinkeye, Severe Vomiting and/or Diarrhea, associated with

lethargy, Severe Coughing, Unusual spots or rashes, Difficulty swallowing or a persistent sore throat associated with a fever and malaise, Unusual behavior, Loss of appetite, Severe itching of body and/or scalp (these may be symptoms of lice), Fever (temperature of 101 degree orally) (In order to return to the Center the child must be afebrile for 24 hours).

The Center will:

Separate him/her from the other children as much as possible and observe for the other symptoms, Contact his/her parent(s) to keep them informed of the child's condition or to have the child picked up, If the parent cannot be reached, the center will contact the name of the person designated on the registration form by the parent, Contact his/her parent(s) to ask if they are aware of the symptoms, If no one can be reached and in extreme emergencies the

center will transport the child to the nearest hospital by the best transportation available. Once the family member has been notified of the child's illness and the need for the child to be picked up by the parent/family member you need to remember you have one hour to pick your child up from the Center to avoid late fees. Late fees will be assessed according to our late fee guidelines.



Government Assistance Program:

Just a reminder for those individuals who receive state assistance for childcare; you are only allowed 4 (four) absences monthly the State will pay for, if you go over the 4 days in one-month time you will be responsible for the payment beyond those 4 (four) days.

Watch for our next Newsletter April 2019.

